

Psionic Field Theory

Dr Richard Alan Miller, c1977

and

ESP Induction through Forms of Self Hypnosis, (c2009, c2020)

Definitions and Postulates:

The standard definitions used for hypnosis often state that hypnosis is a borderline state between sleeping and waking. Any state characterized by an intense concentration of attention in one area, accompanied by a profound lack of attention in other areas, may also be considered hypnosis. With this type of definition, everyone is considered to be continuously in a light state of hypnosis.

The depth of hypnosis, which is an implied issue in this definition, may be defined as the difference between the intensity of concentration in one sphere or area and the depth of inhibition in others. Attention focused in one area creates a corresponding lacuna, or lack of attention, in other areas of the brain. Deeper states of hypnosis are created by centering the attention for prolonged periods.

With these technical definitions of hypnosis, a useful scientific model for relating hypnosis to extra sensory perception is now possible.

Postulate I: Focused attention - intensity. *The conscious experience is associated with the nervous processes which take place outside of a certain critical level of awareness/alertness. This function, defined as $I(c)$, or intensity of concentration, varies considerably in a state of hypnosis when attention is focused.* Focused attention.

Postulate II: Energy. *Psi Energy, arbitrarily defined as $E(\psi)$, is an equivalent in the field of extra-sensory phenomenon of what, in our three-dimensional world, is called energy.*

Correlate A: *$E(\psi)$ is not limited by time.*

Correlate B: $E(\psi)$ can not be transformed into other known physical energies (example: heat into light).

Correlate C: *$E(\psi)$ operates by manipulating the transformation of physical energies.*

Postulate III: *Psi Energy is responsible for extra-sensory perception and psycho-kinetic phenomenon (PK).*

Postulate IV: *Psi Energy is the product of some aspect of the metabolic processes.*

Physical data regarding the relationship between metabolic processes and extra-sensory perception can be found in the book “Beyond Telepathy” by Andrija Puharich.

Postulate V: *The generation of the Psi Energy rapidly decreases the level of alertness. This immediately explains:*

- (1) why each conscious act has a limited duration,*
- (2) why we experience a permanent train of changing thoughts, and*
- (3) why our attention permanently shifts from one object or thought to the next.*

When we think, Psi Energy is created. The Psi Energy automatically decreases the level of alertness so that our attention shifts to something else.

Postulate VI: *The intensity of conscious experience or concentration, $I(c)$, depends on the time rate of the generation of Psi Energy. Mathematically, this is described as follows:*

$$dE(\text{psi})/dt = A(e) \times I(c)$$

What this means is that the rate of change of $E(\text{psi})$ as a function of time ($dE(\text{psi})/dt$), also known as an organ of concentration is equal to some geographical constant, $A(e)$, times the intensity of concentration, $I(c)$.

More simply stated, Psi Energy $[E(\text{psi})]$ is equal to a geographical constant times the intensity of concentration, $I(c)$, times the amount of time that the thought is held as shown below:

$$E(\text{psi}) = A(e) \times I(c) \times t$$

If we cannot make any particular thought last long enough, it should be sufficient to repeat it again and again until the value of the individual brief periods add up to a sufficient value. The equation now becomes as follows:

$$E(\text{psi}) = A(e) \times I(c) \times [t(1) + t(2) + t(3) + \dots]$$

Discussion:

Extra-sensory perception is often observed in hypnosis, a state characterized by a single intensive thought. Recurrent cases of psycho-kinetic phenomena, such as the haunted-house variety, are often reported to be connected with previous tragic events associated with intensity of concentration, $I(c)$.

The frequently reported cases of crisis telepathy - ESP contact between two persons, one of which is dying or in grave danger - are necessarily associated with intense thought or concentration. The length of time experienced depends entirely upon the circumstances.

The discovery of mental impregnation, known in the literature as psychometry, gave evidence that repeated identical thoughts increased the expected psychic effect. Wearing a ring for a long time will "imprint" memory of the wearer onto the ring, however, just quickly slipping a ring on and then off and handing it to a Psychometrist will not generally yield any memory of the wearer.

Religious tradition asserts that repeated prayers may be more effective than a single one. In other words, the more you repeat the same prayer, or the more you do a single ritual, the greater the effect. Along these same lines, "tithing" might be seen as consisting of one's time or attention rather than the traditional meaning of money to the Church. Many eastern religions, for example, require more than ten percent of your life (2.5 hours each day) in meditation.

Postulate VII: *The formation of Psi Energy, which is created by a mental act, preserves the semantic content of the thought which created it.*

In essence, your thought is uniquely distinct. If you deviate from your thought slightly, it is a different thought-form.

The stimulating action of Psi formation on the brain may account for memory, more particularly, active recollection. The influence of Psi formation increases the level of awareness of the neuro-patterns corresponding to the thought to be remembered. This corresponding semantic content is then consciously re-experienced.